

COPING WITH CHRONIC ILLNESS

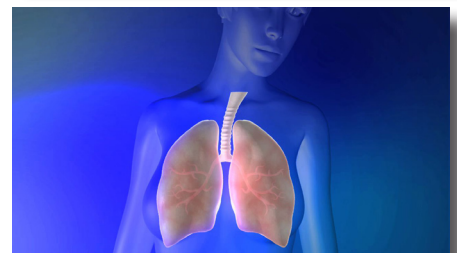
NEW 2012 DVD RELEASE ON LIVING LIFE WITH A DISEASE

French Connection Films proudly presents *Coping With Chronic Illness*, a new comprehensive DVD which includes insights from experts and authors - some suffering from life-threatening chronic illnesses themselves - and the stories of patients who have managed to live - even happily - with a chronic disease.

The DVD features the 52-minute documentary *Living & Breathing* where we witness how three women from three different countries (US, UK, France) cope with one such disease: Lymphangioleiomyomatosis (or LAM for short). The difficulties, uncertainties, and isolation derived from living with this disease are relieved by the measures of joy that are still to be found in life - even under these circumstances. Against all expectations, the disease becomes a great battle that leads these women to reinvent themselves and their lives with greater meaning than ever before. They teach us profound lessons about what is important in our own lives, how we face imminent mortality, and whether happiness is still possible despite being afflicted with such an illness.

The first-ever documentary on LAM features:

- AMY FARBER, founder of The LAM Treatment Alliance
- HAVI CAREL, author of *Illness: The Art of Living*
- CORINE DURAND, LAMBassador of Association FLAM
- and members of The LAM Foundation's scientific board



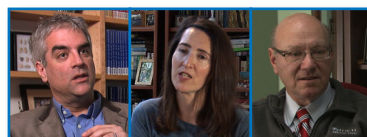
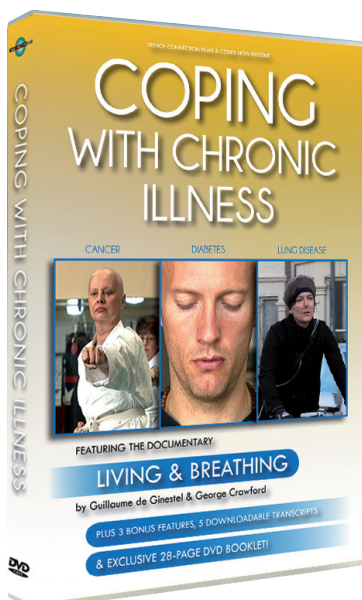
INCLUDING MANY EXCLUSIVE BONUS FEATURES!

This special edition DVD also includes:

- 5 downloadable interview transcripts from top experts
- 18 minutes of bonus features (*Identity Beyond Illness*, *Living With Pain*, and *The Science of Happiness*)
- 28 page DVD booklet with excerpts and interviews from specialists & patients on chronic illness

The ways of coping with chronic illness draw from the contributions of experts including:

- Dr. Jon Kabat-Zinn, founder of Mindfulness Based Stress Reduction and author of *Mindfulness Meditation for Pain Relief*
- Dr. Herbert Benson, Harvard Medical School teacher, researcher, practitioner, and author of *The Relaxation Response*
- Dr. Sonja Lyubomirsky, UC professor, researcher, and publisher of the definitive summary of the science of happiness
- Dr. Julian Seifter, diabetes patient, Harvard nephrologist, and writer on the subject of transformation through illness
- Dr. Stewart Fleishman, psychiatry professor and practitioner of support services for cancer patients
- Dr. Nicholas Christakis, practitioner and Harvard professor of hospice medicine



52 min. + 18 min. bonus / English / Color

\$20 USD / \$20 CAD / 20€ EUR
now available at frenchcx.com & amazon.com

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* French version of the feature *Living & Breathing* also available separately

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